

2023

# Impero



## How to Help Teachers Keep Their Students Engaged

A proactive and holistic approach to supporting teachers in the digital age

[www.imperosoftware.com](http://www.imperosoftware.com)

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Teachers around the world are suffering, making it difficult to keep their students focused and learning.

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EdTech is now compulsory in most countries. But it's important to know which solution will add the most value for the teachers.

04

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Solutions to meet everyone's needs are now available and easily accessible for any school, on a global scale.

05

## Resources for everyone

Resources for how to access funding, experts and more.

07

90%

Teachers are generally stressed out!

91%

Teachers suffer poor mental health due to their work

28%

Teachers have increased alcohol use

# Summary

## Teachers are struggling to keep themselves and students focused

Schools, districts and trusts around the world are experiencing similar issues around how to better support teachers and keep them happy, which in turn will keep students engaged.

### Teacher morale at record lows

Teacher morale is at record lows which fundamentally impacts the schools they work in and students they teach. From failing initiatives and resignations to chronic teacher absences, the issue is so severe that schools are **reactively** scrambling to find ways to provide support.

Parents, communities and schools expect a lot from teachers. They carry the responsibility of educating and guiding children to be productive and contributing adults. Teachers are the first point of contact for students and usually the first to spot signs of learning difficulties or stress.

### Schools are reacting

To be fully aware and effectively teach the children, teachers need all the help they can get. From various types of support to technology in the classroom, there are many ways a school can make teachers' lives easier so that they can keep students on a positive learning track in a productive and safe environment.

Students suffer the most when teachers don't have the tools to do their job effectively. Many teachers experience poor mental health due to the nature of their job and limited support. The facts are screaming: **"Teachers need help and they need it now!"**

Leaders know there is a problem and many efforts to raise teacher morale have been unsuccessful. From self-care initiatives to mental health benefits and salary raises, schools, districts and trusts are working hard to better support the wellbeing of their teachers and staff

**"Despite our efforts, this is probably the worst year we have seen for teacher morale. We are doing what we can, but we are kind of at a loss."**

Superintendent-Midwestern school district



# Proactive

## A proactive and holistic strategy

Give teachers what they need. By providing them with training on new technology or skills and wellbeing support, their anxiety and uncertainty will decrease.

Teachers rely on district and school leaders' support as students rely on teachers' ability to educate them. The 'oxygen mask' theory fits when we speak of teachers. While in an airplane with turbulence, pilots instruct passengers to place their own masks on first and then help others including children. If you aren't breathing, how can you help others breathe? This is the same for teachers. They need to be in a strong position with the right tools to avoid burn-out and successfully support and teach students. And leaders can ensure they do.

### 01

#### Promote work/Life balance

Teachers have been overwhelmed and their workload might not always be manageable. They need a clear set of priorities and realistic time to manage their tasks. District and school leaders should promote a healthy work/ life balance. Arranging morale-building events for staff is a good start. But, providing flexibility in their working hours to managing personal demands would be a priceless bonus for teachers.

### 02

#### Supportive working environment

Working in a supportive and friendly environment can make major changes to morale and productivity. Teachers who experience anxiety and stress will not perform well and this will affect student success. Being a teacher is a very social job and schools should seek to create a friendly and caring environment.

### 03

#### Encourage open dialogue

Open communication with active listening is a type of talking therapy and key to ensuring everyone has a safe space to share the challenges they experience. This can increase collaboration and trust between teachers, making it easier for them to overcome their troubles and find better solutions. Encourage teachers to collaborate, share ideas, and support each other with programs such as Mental Health First Aiders or a general colleague support group.

# Holistic

## Adopt tools to support teachers

Provide the right tools for the entire district or school. Teachers need easy, reliable tools that help them with the increased amount of workload and support their safeguarding efforts.

### 04

#### Provide the right tools

Along with emotional and administrative support, teachers need digital tools that reinforce their efforts, completely. There are some great solutions that can offer support in learning and development but also complement the mental health and wellbeing of both teachers and students. EdTech has come a long way and teachers can benefit from the array of possibilities they can provide.

#### Technology enhances teachers' role

The Internet can also help support teachers with lessons and materials for more engaging learning activities. These online activities can align with policies and student needs. Educational YouTube videos can enhance the learning value in your classroom. Adding EdTech can expand teachers' abilities. Technology can play a valuable role in helping teachers maximize their downtime and increase their attention and energy. All of which will have a positive effect on their students.

**"Technology is just a tool. In terms of getting the kids working together and motivating them, the teacher is most important."** – Bill Gates

59%

Teachers are not confident they can disclose their poor mental health

44%

Teachers plan to change careers by 2027 due to unmanageable stress



# Administrative Level

## Tools to Support Districts, Schools and Teachers

Adding EdTech is not just a way to secure networks, it can also support individual schools and teachers.

Schools need flexible and reliable solutions to ensure safe, secure, and engaging learning. Impero offers an innovative suite of web filtering, classroom management and student wellbeing software that helps schools protect students anywhere they are learning and on any device.

Our student safety monitoring with in-depth analytics and reporting enables a holistic view of digital activity to ensure the safety and wellbeing of every student.

Impero products integrate with SIS systems to provide schools with the most effective tools they need to maximize learning potential and ensure students are safe and thrive.

# 96%

Teachers say technology has had a positive impact in the way children participate and learn

# 01

## Safeguarding

ContentKeeper is a web filtering and security solution with unmatched cross-platform intelligence and protection.

- Visibility of managed and unmanaged devices – including iPads
- Granular controls for YouTube and other social media sites
- Flexible, age-appropriate policy management

 **ContentKeeper**



# Classroom Level

## 02

### Management

Classroom management software offers real-time monitoring and robust teaching tools.

- Live screen monitoring to improve teacher effectiveness
- Keep students on task and engaged in learning
- Deliver digital learning anywhere to any device

## Classroom



## 03

### Mental health

Wellbeing is a digital monitoring solution that uses keyword detection to identify students in distress and notifies appropriate staff.

- Monitor computer use for signs of distress
- Capture and review safety category activity
- Real-time notifications and alerts based on the severity

## Wellbeing



# Resources

## Emotional

Support for mental health

Our new Wellbeing Hub offers you access to tools, information and support for your proactive strategies.

[Visit the hub](#)

## Financial

Access funding for schools

Find valuable information and agency details that offer funding for schools' safeguarding and wellbeing programs.

[Access the whitepaper](#)

## Technical

Support for IT teams

Access our new buyers guide to help support your content filter, safeguarding and wellbeing needs.

[Access the guide](#)

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